

# Jennifer Askey

**Ph.D.** I partner with leaders to raise their self-awareness and develop their vision and impact. I support teams and leaders in building trust and increasing their mental and emotional resilience.

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## EXPERIENCE

### Jennifer Askey, Coach — *Solopreneur*

September 2016-PRESENT

- One-on-one coaching and leadership development aimed at increasing productivity and job satisfaction
- Provide effective frameworks and strategies for career vision and planning, sustainable writing practices, workplace supervision
- Action-oriented workshop facilitation
- Team Building facilitation for administrative units, departmental units, non-profit organizations

### University of Alberta — *Leadership Advisor*

September 2018 - September 2021

- Coordinate and co-facilitate annual onboarding and orientation for Deans and Chairs at the University
- Coordinate, facilitate, and conduct bi-monthly leadership development sessions for mid-level leaders
- Develop a curriculum for leadership development for all academic staff at the University
- Facilitate group coaching for niche demographic groups
- Run and facilitate departmental and faculty strategic planning sessions
- Identify and advise on leadership challenges at the institutional level

### Academic Impressions — *Coach*

November 2020 - PRESENT

- Provide one-on-one coaching for scholars and academic administrators, with a focus on professional impact and career progression
- Create and deliver live virtual and in-person workshops on faculty and staff wellbeing
- Create and deliver virtual trainings on emotional intelligence and mindfulness

## SKILLS

Workshop facilitation, teaching

Individual and group coaching

Curriculum design

Community of Practice facilitator and support

## CERTIFICATIONS

PQCC, Positive Intelligence Coach

PCC, International Coach Federation, November 2020

EQi-2.0, EQi-2.0 360, July 2020

DISC, September 2019

Belbin Team Roles, April 2019

CPCC, Certified Professional Co-Active Coach, Co-active Training Institute, October 2017

## LANGUAGES

English: native fluency;  
German: near-native fluency;  
French: reading knowledge

**McMaster University, Hamilton, ON - Associate Professor**

SEPTEMBER 2014 - JULY 2016

- Designed & taught courses in German literature, English literature, and Women's Studies
- Supervised undergraduate and graduate research
- Conducted and published research
- Presented at national and international conferences

**Kansas State University, Manhattan, Kansas, USA - Associate Professor**

JULY 2005 - JULY 2011

- Designed & taught courses in German language, literature, and film
- Created immersive study abroad experiences
- Supervised graduate and undergraduate research
- Supervised graduate teaching assistants
- Conducted and published research
- Participated in university governance as elected faculty representative
- Presented at national and international conferences

**EDUCATION**

**Washington University in St. Louis, St. Louis, Missouri, USA** — *PhD, Germanic Languages & Literatures. May 2003*

**Washington University in St. Louis, St. Louis, Missouri, USA** — *MA, Germanic Languages & Literatures. May 1996*

**Tulane University, New Orleans, Louisiana, USA - BA,** *Political Economy and German. May 1993*

**CONTINUING EDUCATION, CERTIFICATIONS**

**Positive Intelligence — Training, Certification**

May 2020-

Thorough training in the PQ model, assessment report, and coaching techniques.

Individual and group coaching, using insights from positive psychology, cognitive behavioural therapy, growth mindset, neuroplasticity.

**Co-active Training Institute -- Training, Certification**

September 2016-October 2017

100+ hours of intensive coach training, including group and individual supervision

Thorough grounding in transformative coaching modality

